

COVID-19 Health Declaration and Self-Health Management Notice
for crew members of Taiwanese airlines
(who have NOT entered countries under Level 3 travel notice)

2021/03/01
Second edition

Name (Signed by the informed case or legal representative)	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	ID card No./Passport No.
Flight No./ Vessel Name	Telephone in Taiwan Cellular phone _____ Landline _____	
Address in Taiwan (Room) _____, _____ (Floor), (Number) _____, (Alley) _____, (Lane) _____, (Section) _____ _____, _____ (Street/Road), _____ (Township/City/District), _____ (County/City)		
1. Have you had fever, respiratory symptoms (cough, shortness of breath, etc.) or following symptoms during the past 14 days? (for those who have taken medications, please answer "Yes") <input type="checkbox"/> NO <input type="checkbox"/> YES: <input type="checkbox"/> Fever <input type="checkbox"/> Cough <input type="checkbox"/> Runny/ stuffy nose <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Diarrhea <input type="checkbox"/> Loss of smell or taste <input type="checkbox"/> Malaise <input type="checkbox"/> Limb weakness		
2. Have you been to these places during the past 14 days ? <input type="checkbox"/> China/ Hong Kong/ Macao <input type="checkbox"/> Japan/ South Korea <input type="checkbox"/> U.S.A/ Canada <input type="checkbox"/> Europe <input type="checkbox"/> Southeast Asia/ South Asia <input type="checkbox"/> Middle East <input type="checkbox"/> New Zealand/ Australia <input type="checkbox"/> Others		
3. Have you had contact with any suspected or confirmed COVID-19 cases during the past 14 days? <input type="checkbox"/> YES <input type="checkbox"/> NO		
★According to Subparagraph 2, Paragraph 1, Article 58 of the Communicable Disease Control Act, inbound passengers are required to accurately fill out and submit this notice to Taiwan CDC quarantine stations or immigration counters upon arrival, and follow quarantine regulations. Any person who refuses, evades or obstructs abovementioned measures shall be fined NT\$10,000 up to NT\$150,000 according to Article 69 of the Act.		

To reduce the risk of disease transmission and protect your family and friends, please abide by the following self-health management regulations:

- Please keep your hands clean. You should wash your hands with soap or alcohol-based hand sanitizers frequently. In addition, please refrain from touching your eyes, nose and mouth with your hands. If your hands touch any secretions from your respiratory tract, please wash your hands with soap and water thoroughly.
- During the self-health management, please record your temperature, health status, and daily activities twice a day (morning and evening) correctly. Please cooperate with caring and tracking measures issued by your airline company.
- During the period, if you have no symptoms, you can live normally. When you go out, you must wear a medical mask all the time, and avoid going to places where social distancing (indoor 1.5 meters, outdoor 1 meter) is difficult to maintain and close contact with random people is highly likely.
- Do not engage in close proximity or group activities, such as dining together, parties, public gatherings or other similar activities.
- You are not allowed to accompany a sick person to the hospital. If you do not experience any COVID-19 symptoms, such as fever, cough, diarrhea, loss of smell and taste or respiratory symptoms, you may visit a patient in the hospital after you apply for a self-paid test according to the Rules for Applying out-of-pocket COVID-19 PCR Test and test negative for COVID-19.
- Postpone all non-essential or non-urgent medical care or examinations. If you have urgent medical care or examinations, you must contact the local health authorities (or call the toll-free hotline 1922) to obtain instructions on seeking medical attention.
- If you experience COVID-19 symptoms, such as fever ($\geq 38^{\circ}\text{C}$), cough, diarrhea, loss of smell/taste or other discomfort, or your symptoms become worse after seeking medical attention, please contact the local health authorities (or call the toll-free hotline 1922) to obtain instructions on seeking medical attention. Do not take public transportation when you go to the hospital. Please voluntarily inform your physician of your contact history, travel history, residence history, occupational exposure, and whether anyone else has similar symptoms. Moreover, you must immediately report to your airline company and temporarily discontinue your flight duties.
- After you seek medical care, if you have been reported as a suspected COVID-19 case and tested for COVID-19 in the hospital, please stay at home and do not go outside before you receive your test result. If your test result comes back positive, the local health authority will inform you and help you seek medical attention. You are still required to conduct self-health management for 14 days even if you test result comes back negative.
- During illness, please rest at home, wear a medical mask and do not go outside. When talking with others, you should wear a medical mask and keep a distance of more than 1 meter. If your mask is contaminated by secretions of nose or mouth, please fold it and throw it into the trash immediately.
- For mental health services, please call the 24-hour toll-free hotline, 1925.
- Those who flout the self-health management regulations will violate Subparagraph 3, Paragraph 1, Article 58 of the Communicable Disease Control Act, and be fined NT\$10,000 up to NT\$150,000 in accordance with Article 69 of the Communicable Disease Control Act.

Self-health management starts on ____/____/____ (yyyy/mm/dd)	(To be filled out by Staff)
Self-health management ends on ____/____/____ (yyyy/mm/dd) 24:00	(To be filled out by Staff)
Competent authority	
Taiwan Centers for Disease Control, Ministry of Health and Welfare	
Date : ____/____/____ (yyyy/mm/dd)	(To be filled out by Staff)

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