

Procedure of Saliva Sample Collection

Note: Please do not eat, drink, chew gum, or smoke, etc. 1 hour before sample collection so as not to affect the quality of the sample.



Please be sure that your face mask covers your nose and mouth.



Use alcohol-based hand sanitizer to clean your hands.



Twist open the specimen bottle.



Cough up by clearing the throat and close your mouth to keep the saliva in your mouth for about 1 minute.



Take off your mask and gently spit 1 to 2 ml of saliva into the specimen bottle, being careful not to get saliva on the outside the specimen bottle.



Put your mask back on.



Close and tighten the lid of the specimen bottle; confirm that there is no leakage



Wipe clean the surface of the specimen bottle using wet wipes provided.



Use alcohol-based hand sanitizer to clean your hands.

10 After the sample is placed in a double zipper plastic bag and the zipper bag is sealed tightly, please disinfect the outside of the zipper bag with alcohol.

→ **Finish** ✓